

Country Race

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Choregraphie par : Niels POULSEN

Description : 64 temps, 2 murs, Novice, Mars 2017

Musique : Honky Tonk Race par Shelby Lee Lowe

Intro: 32 counts from when the beat kicks in (app. 13 secs. into track). Start with weight on L foot

***1 easy Tag: On wall 5 (starts facing 12:00), after 64 counts (facing 6:00).**

Add a R rocking chair over 4 counts, then restart the dance facing 6:00

[1 – 8] Step turn step, clap, Repeat over R shoulder

1 – 4 Step R fwd (1), turn $\frac{1}{2}$ L onto L (2), step R fwd (3), clap hands (4) 6:00

5 – 8 Step L fwd (5), turn $\frac{1}{2}$ R onto R (6), step L fwd (7), touch R next to L and clap hands (8) 12:00

[9 – 16] K step

1 – 4 Step R to R diagonal (1), touch L next to R (2), step L back to centre (3), touch R next to L (4) 12:00

5 – 8 Step R back to R diagonal (5), touch L next to R (6), step L fwd to centre (7), touch R next to L (8) 12:00

[17 – 24] R rumba box

1 – 4 Step R to R side (1), step L next to R (2), step R fwd (3), touch L next to R (4) 12:00

5 – 8 Step L to L side (5), step R next to L (6), step L back (7), touch R next to L (8) 12:00

[25 – 32] R mambo back, Hold, L mambo fwd with $\frac{1}{4}$ L, Hold

1 – 4 Rock R back (1), recover fwd to L (2), step R fwd (3), Hold (4) 12:00

5 – 8 Rock L fwd (5), recover back on R (6), turn $\frac{1}{4}$ L stepping L to L side (7), Hold (8) 9:00

[33 – 40] R cross rock side, L cross rock side, cross, Hold

1 – 3 Cross rock R over L (1), recover back on L (2), step R to R side (3) 9:00

4 – 6 Cross rock L over R (4), recover back on R (5), step L to L side (6) 9:00

7 – 8 Cross R over L (7), Hold (8) 9:00

[41 – 48] Side touch L & R, L vine, touch

1 – 4 Step L to L side (1), touch R next to L (2), step R to R side (3), touch L next to R (4) 9:00

5 – 8 Step L to L side (5), cross R behind L (6), step L to L side (7), touch R next to L (8) 9:00

[49 – 56] R vine with $\frac{1}{4}$ R, Hold, step turn step, Hold

1 – 4 Step R to R side (1), cross L behind R (2), turn $\frac{1}{4}$ R stepping R fwd (3), Hold (4) 12:00

5 – 8 Step L fwd (5), turn $\frac{1}{2}$ R onto R (6), step L fwd (7), Hold (8) 6:00

[57 – 64] R mambo step, Hold, L coaster step, Hold

1 – 4 Rock R fwd (1), recover back on L (2), step back on R (3), Hold (4) 6:00

5 – 8 Step back on L (5), step R next to L (6), step fwd on L (7), Hold (8) 6:00

Start again

Ending Wall 7 is your last wall (starts at 12:00). When doing the L mambo on counts 29-31 leave out the ¼ L. Instead, on count 31 you step a big step back on L dragging R towards you 12:00

Fun option! On wall 5 (starts at 12:00) you have some extra strong beats from counts 45&46&47 (during your L vine).

To hit those beats change the L vine to an extended chasse, like this: 12:00

[45 – 48] ... Extended L chassé, Hold

5&6&7 Step L to L side (5), step R next to L (&), step L to L side (6), step R next to L (&), step L to L side (7) 9:00

8 Hold (8) ... weight is on L and you're ready to step to the R into your R vine with a ¼ R ... 9:00

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